

Eveline Day School believes that physical education, experienced in a safe and supportive environment, is vital and unique in its contribution to a pupil's physical and emotional development and health. The physical education curriculum aims to provide for pupils' increasing self-confidence through an ability to manage themselves successfully in a variety of situations. A balance of individual, team, co-operative and competitive activities aims to cater for individual pupil's needs and abilities.

Physical Education (PE) and sport lessons contributes to the overall education of all children by helping them to lead full and valuable lives through engaging in purposeful and high-quality activity. It promotes active and healthy lifestyles, physical skills, physical development and knowledge of the body in action.

The curriculum in this subject has been organised to ensure that children in both key stages have access to all areas specified in the national curriculum and go beyond its statutory requirements. We are confident that children following our curriculum have the opportunity to surpass the expectations at the end of each key stage.

We recognise that the environment plays a key role in supporting and extending children's development and learning. This begins by observing the children and assessing their interests, development and learning, before planning challenging but achievable activities and experiences to extend the children's learning. There are 3 characteristics of effective learning environments within PE lessons, individual skill exploration with progressions and creating and thinking critically via team games, and self and peer assessments

Nursery	(Outsourced to SportyMinis Limited) 30mins weekly	2-3hours a day outside play	Forest School	Summer Sports Day
Reception	45mins PE	45 Games	Forest School	Summer Sports Day
Yr 1	45mins PE	45 Games	Forest School	Football/ cricket/ athletics competitive fixtures Plus Summer Sports Day
Yr 2	45mins PE	45 Games	Swimming - 30mins weekly	Summer Sports Day
Yr 3	60 mins PE	60 Games	Swimming - 30mins weekly + 30min Fitness Session	Netball/ Football/ Tag Rugby / Cross Country/ cricket and athletics Competitive Fixtures

				Plus Summer Sports Day
Yr 4	60 mins PE	60 Games	Swimming - 30mins weekly + 30min Fitness Session	Netball/ Football/ Tag Rugby / Cross Country/ cricket and athletics Competitive Fixtures Plus Summer Sports Day
Yr 5	60 mins PE	60 Games	Swimming - 30mins weekly + 30min Fitness Session	Netball/ Football/ Tag Rugby / Cross Country/ cricket and athletics Competitive Fixtures Plus Summer Sports Day
Yr 6	60 mins PE	45 Games	Swimming - 30mins weekly + weekly Sports Leaders lessons + 30min Fitness Session	Netball/ Football/ Tag Rugby / Cross Country/ cricket and athletics Competitive Fixtures Plus Summer Sports Day