

WEEKLY MENU 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast

Selection of Cereals:
Porridge
Buttered Toast & Selection of Jams
Eggs
Boiled/Scrambled

Selection of Cereals:
Porridge
Buttered Toast & Selection of Jams
Eggs
Boiled/Scrambled
Star of the week breakfast

Selection of Cereals:
Porridge
Buttered Toast & Selection of Jams

Selection of Cereals:
Porridge
Buttered Toast & Selection of Jams
Hot Croissants

Selection of Cereals:
Porridge
Buttered Toast & Selection of Jams

Lunch

Jacket Potatoes – Filled with
Tuna/Ham/Beans
Mixed Salad
Fresh Fruit

Sweet & Sour Pork/Quorn
Peas/Sweet Corn
Rice
Fresh Fruit

Lamb/Quorn
Bolognaise
Green Beans
Spaghetti
Fresh Fruit

Cumberland/Quorn Sausages
Lamb Mince L/R
Boiled Potatoes
Mixed Veg
Fresh Fruit

Fish Fingers
Boiled Potatoes
Baked Beans/Peas
Burgers/Vegetarian
Burgers in a Bun
Chips & Salad
Fresh Fruit

Tea

Soup of the Day
Wholemeal Rolls /
Butter and Butter
Dairylea & Cracker

Baked Beans on
Toast /
Spaghetti Hoops
Cake & Custard

Macaroni Cheese
Garlic Bread
Natural Yoghurt with
Fresh Selection of
Berries

Cous Cous with
Tomato & Basil
Sauce L/R
Selection of Pizza
Vegetable Sticks
Dips

L/R - Savoury Rice
Selection of
Sandwiches
Cheese Cracker and
Pate

All students dietary requirements are met. A full list of any allergens in each dish is available from the school