

### Autumn Term 2017

| Weeks | Dates          | PE- Multi Skills             | Physical Literacy Games |
|-------|----------------|------------------------------|-------------------------|
| 1     | 4th September  | Spatial Awareness + Reaction | Spinning Sprinkler      |
| 2     | 11th September | Spatial Awareness + Reaction | Super Kebbadi           |
| 3     | 18th September | Spatial Awareness + Reaction | Fridge Raiders          |
| 4     | 25th September | Spatial Awareness + Reaction | Treasure Hunter         |
| 5     | 2nd October    | Balance + Stability          | Creeping Hunters        |
| 6     | 9th October    | Balance + Stability          | Crocodile River         |
| 7     | 16th October   | Balance + Stability          | Hungry Hippos           |

### Half Term

|    |               |                         |                    |
|----|---------------|-------------------------|--------------------|
| 8  | 30th October  | Balance + Stability     | Spider's Web       |
| 9  | 6th November  | Manipulation            | Tornado Ball       |
| 10 | 13th November | Manipulation            | Mini Quidditch     |
| 11 | 20th November | Manipulation            | Whack a mole       |
| 12 | 27th November | Manipulation            | Stump Attack       |
| 13 | 4th December  | Co-ordination + Control | Gladiator Gauntlet |
| 14 | 11th December | Co-ordination + Control | Buckaroo           |
| 14 | 18th December | Co-ordination + Control | Fireball           |

## **Sports - Football, Netball, Hockey**

Dribbling Elimination Skills

Tackling + Defending as a unit

Attacking unit play + Passing

Shooting at Goal

Passing Short and Long

Small sided Games

Round Robin + Assessment

Decision making + Passing

Attacking space (Eliminating 1v1)

Defending 1v1

Defending an Overload 1v2/1v3

Attacking Principles

Passing across lanes with

Small sided Games

Round Robin + Assessment