# DAY SCHOOL NEWSLETTER

## 6th January 2017



Dear Parents and families,

We hope that you all have had a good rest over the Christmas break, have enjoyed your family time together and had the chance to recharge your batteries. We would like to welcome you back to school and wish you all a Happy & Healthy New Year 2017.

We are all excited about the year ahead and have many new projects on our schedule.

Including a whole school, "Healthy Eating" project, which will need your support, of course.

Outings this term will include The Science Museum, British Museum, The Planetarium and The Polka Theatre. We will hold our annual Friendship Day, students will perform at The Royal Festival Hall as well as the Richmond Speech and Drama Festival. We will be having a surprise visit from an author for World Book Day and there will be much more to follow.

Our Friends of Eveline PTA is going from strength to strength and we hope that many of you will support them on their next "Wine Tasting" event on 31st January. Our Year One teacher Natasha Norman will be running for in the London Marathon and she needs your support. We will be organizing a pub quiz to raise money for her chosen charity – Children with Cancer. Please see attachment.

On behalf of our teachers and staff we would like to thank you all for your cards and thoughtful and generous gifts this Christmas.

We look forward to the enterprising months ahead.

#### **Eveline** Drut



#### **Important Dates**

January Friday 13th - WE Schools assembly Friday 20th - Year 5 & Year 6 trip to The Science Museum Wednesday 25th -Burns Night Thursday 26th -Australia Day Saturday 28th -Chinese New Year (Year of the Rooster)

Half Term -13th-17th February

28th March 'A Brighter Sound Concert' at The Royal Festival Hall involving Years 3,4,5 & 6. Details to follow in the New Year.



We would like to continue to collect non-perishable goods for The Trussell Trust food bank in Clapham. When we last donated at the end of October, the food bank's supplies were very low and we feel that it is so important to be able to help those in need, especially over the winter. We thank you in advance for your charity.

# January Birthdays 🏟

Maddison Farr 02/01/08 - Year Four
Zac Theophilus 03/01/12 - Upper Reception
Oscar De Villiers 03/01/13 - Lower Reception
Esme Freeman 10/01/09 - Year Three
Arthur Leake 17/01/09 - Year Three
Alice Dorans 26/01/06 - Seniors
Mya Wilson 28/01/08 - Year Four

### Stars of the Week

Lower Reception - Alexander Chester/ Julia Johnson /Nora Mobariz

Upper Reception - Ella Mootoosamy/ David Lovelock-Knibb

Year 1 - Maria Kostyleva

Year 2 - George Freeman

Year 3 - Isabella Thornton

Year 4 - Maddison Farr

Year 5 - Arish Malik

Seniors - Joseph Hopper

#### Congratulations for this weeks stars!

ower Reception - Alexander Chester - Excellent maths work! - Julia Johnson - For being such a good friend to all of her class. - Nora Mobariz - For creating beautiful art work this week.

Upper Reception -Ella has settled in so beautifully with all of her class in Upper Reception and is doing extremely well with her reading.

- David has done amazingly in his literacy this week. Well done!

Year 1 - Maria has improved so much more in her confidence, working independently, especially in maths and her reading is fantastic!

Year 2 - George has had great concentration this week and has done exceptionally well in solving maths problems.

Year 3 - Isabella for her fantastic literacy work!

Year 4 - Maddison has worked so well in all her subjects this week especially at her new target. Well done!

Year 5 - Arish has had great focus this week and excellent participation in literacy lessons. Keep it up!

Seniors - Joseph is always so polite, has a good all round attitude towards his work.

#### Sports Stars

Stanley Taylor - For excellent concentration and team work in Tag Rugby lessons.

Joseph Hopper - For great focus and effort in both circuits and sports leadership lessons.

## Look at how much sugar there is in these drinks:

Lucozade - Orange 500ml	62.5g	15 1/2
McDonald's - Vanilla Milkshake large 650ml	76g	19
McDonald's - Strawberry and banana iced smoothie 250ml	47g	12
Coca Cola	53g	13
Sprite 500ml	33g	8
Fruit Shoot - Orange and Pineapple 300ml	25.8g	6 1/2
Innocent - Strawberry and banana smoothie 250ml	26g	6 1/2
Ribena 500ml	52.5g	13
J2O - Apple and mango 275ml	17g	4
Capri-Sun - Orange 200ml	20g	5
Oasis - Citrus punch 500ml	20.5g	5
Monster energy drink	55g	14
Red bull - 250ml	27.5g	7

## Daily recommended sugar limits.

4 to 6 year olds - 5 sugar cubes (19g)

7 to 10 year olds - 6 sugar cubes (24g)

11 year olds and above - 7 sugar cubes (30g)